

CLAREMORRIS RFC



AGE GRADE PLAYERS – CODE OF CONDUCT

- Play for enjoyment and become part of the rugby family
- Respect the Game of Rugby and play within the Laws of the Game
- Accept the referee's decision and let your captain or coach ask any relevant questions
- Play with control. Do not lose your temper
- Always do your best and be committed to the game, your team and your club
- Be a 'good sport'. Applaud all good play whether by your team or the opposition
- Respect your opponent. Treat all players as you would like to be treated.
 Do not 'bully' or take advantage of any player
- Rugby is a team sport and make sure you co-operate with your coach, team mates and members of your club
- Remember that the goals of the game are to have fun, improve your skills and feel good
- At the end of the match thank your opponents and the referee for the match
- Always remember that you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent
- Winning and losing is part of sport: win with humility lose with dignity
- As part of the team it is important that you attend training regularly and listen to your coach and help your team
- As a team it is important to understand that all members are important to the team
- Remember you are representing your team, club, family and the Game of Rugby